3:00 – 4:00 p.m. **Combatting Herbicide Resistance**  
*Dr. Tim Seipel, MSU Extension Cropland Weed Specialist*  
Dr. Seipel will explain why herbicide resistance happens and discuss weed management strategies to help prevent resistance. Seipel will also talk about common cropland weeds in Southeastern Montana and their control.

4:15 – 5:15 p.m. **Ration Balancing**  
*Dr. Megan VanEmon, MSU Extension Beef Cattle Specialist*  
Is this hay any good? Dr. VanEmon will discuss how to determine hay quality, including how factors like rain, mold, and mycotoxins can affect hay quality. VanEmon will share ration balancing strategies to make use of lower quality hay, while also addressing commercial supplements, grains, and other forage options.

5:30 – 6:30 p.m. **Range Recovery after the Lodgepole Complex Fire**  
*Amanda Williams, MSU Graduate Student*  
Williams will discuss range research findings about the range recovery following the Lodgepole Complex fire that took place in Garfield County in 2017. Timing of defoliation and livestock grazing the first year following fire will be among the topics addressed.

6:30 – 7:30 p.m. **Supper** sponsored by the **PRAIRIE COUNTY CHAMBER OF COMMERCE**

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For more information:  
Contact the Prairie County Extension Office at 406-635-2121 or by emailing sackman@montana.edu
4:00 – 5:00 p.m.  **Kitchen Tools**
*Tara Andrews, Custer County Extension Agent*
With all the choices in kitchen equipment out there, how do you know what is the right choice for you? Andrews will visit about the pros and cons of different types of cookware and other kitchen tools. She will also share some helpful kitchen hacks to make your time in the kitchen easier!

5:15 – 6:15 p.m.  **Living Life Well: Arthritis Exercises**
*Tara Andrews, Custer County Extension Agent*
If you struggle with joint stiffness and lack of mobility, there are simple exercises that can help you. Andrews will share gentle activities to help increase joint flexibility and range of motion.

6:30 – 7:30 p.m.  **Supper** sponsored by the **PRAIRIE CO. CHAMBER OF COMMERCE**

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Thanks to the **Prairie County Chamber of Commerce** and **Stockman Bank** for serving as Winter Series sponsors!